

21ST AMAC : GENERAL SCHEDULE

DATE	EVENTS	VENUE	TIME
01/09/2019	Closing Date for Entries	-	-
07/09/2019	Closing Date for Late Entries	-	-
24/11/2019 – 02/12/2019	21 ST AMAC TORCH RUN	Singapore / Sarawak	-
30/11/2019	AMA COACHING SEMINAR	Hotel	9.00am – 5.00pm
30/11/2019 - 04/12/2019	DISTRIBUTION OF CHEST NUMBERS & ACCREDITATION CARDS	Stadium 1	10.00am- 6.00pm
30/11/2019 – 01/12/2019	TRAINING CENTRE IN OPERATION	Stadium 1 & 2	7.00am – 11.00am 3.00pm – 6.00pm
30/11/2019	AMA COUNCIL MEETING 2/2019	Hotel	3.00pm
01/12/2019	TEAM MANAGERS' MEETING & Familiarisation of venues	Stadium 1	10.00am
02/12/2019	TRACK & FIELD (DAY 1)	Stadium 1 & 2	7.00am – 4.00pm
02/12/2019	21 ST AMAC OPENING CEREMONY	Stadium 1	5.30pm
02/12/2019	WELCOME BANQUET	Venue near Stadium 1	7.30pm
03/12/2019	TRACK & FIELD (DAY 2) Team Managers Technical Meeting	Stadium 1 & 2 Stadium 1	7.00am – 7.00pm 9.00am
03/12/2019	AMA WOMEN'S COMMITTEE MEETING & SEMINAR	Stadium 1	2.30pm – 5.00pm
04/12/2019	TRACK & FIELD (DAY 3) Team Managers Technical Meeting	Stadium 1 & 2 Stadium 1	7.00am – 7.00pm 9.00am
04/12/2019	AMA GENERAL ASSEMBLY 2019	Hotel	5.00 pm
05/12/2019	TRACK & FIELD (DAY 4) Team Managers Technical Meeting	Stadium 1 & 2 Stadium 1	7.00am – 7.00pm 9.00am
06/12/2019	TRACK & FIELD (DAY 5) Team Managers Technical Meeting	Stadium 1 & 2 Stadium 1	7.00am – 7.00pm 9.00am
06/12/2019	21 ST AMAC CLOSING CEREMONY & CHAMPIONSHIPS FLAG HANDING OVER CEREMONY	Stadium 1	6.00pm
07/12/2019	ASIA MASTERS 10K	Stadium 1	7.30am- 11.00am